

## From Adversity to Blessing: Exploring the Transformative and Healing Energy of Story

Beneath each emotional, health, and spiritual challenge we face in life lies a story. In this experiential workshop you are invited to uncover these stories and discover the hidden treasures of hope, meaning, and even humor within your stories. We will explore through creative exercises the use of story to enhance the healing of body, mind, and soul, for ourselves and others. We will learn ways of bringing to our lives and our stories the wisdom found in traditional folk tales. Listening to and telling stories will offer possibilities for growth as we reflect on the stories discovered in this workshop.

**Friday, February 17, 2006 7:00 – 9:00 PM and Saturday, February 18 9 AM - 4:30 PM**  
**Registration: \$85**

## More Story and Healing: How to use Story in your Work

This special session is intended to help those who are involved in the healing arts as practitioners to reflect and explore the role of story in transformation and healing. Diane and Andre will work with participants to investigate and expand the use of story in their work.

**Sunday, February 19, 2006 1 PM – 4 PM**  
**Registration: \$25**  
**Pre-Requisite:** Friday night and Saturday workshop listed above.

**Diane Rooks, M.Ed.**, is author of *Spinning Gold out of Straw: How Stories Heal*. She is a certified bereavement facilitator and serves on the advisory board of the Healing Story Alliance. She works with hospice, bereaved children, alternative schools, battered women shelters, juvenile detention centers and others to find meaning in their lives through stories. In keynotes and workshops for the health care community, Diane demonstrates the powerful connection between stories and healing. ([www.storyjourney.com](http://www.storyjourney.com))

**Andre Heuer, D.Min.**, a licensed clinical social worker, is a teller, teacher, and a writer of story. Andre has 20 years experience creating, telling and evoking story with clients, artists, social workers, educators, health care and hospice providers, storytellers, psychotherapists and community activists. His work at Pathways for the last ten years includes teaching meditation, mindfulness and imagery. His work particularly focuses on using the energies of the stories found in the body to foster healing. ([www.andreheuer.com](http://www.andreheuer.com).)

**Location:** Paul Rice Center for Spiritual Practice  
Central Congregational United Church of Christ, 2676 Clairmont Road, Atlanta, GA 30329

**Registration:** Email [prc@central-ucc.org](mailto:prc@central-ucc.org) or call: (404) 633-4506 ext. 327  
Enrollment is Limited. Your check payable to Paul Rice Center guarantees your place.

**The Paul Rice Center for Spiritual Practice** is a retreat center where people of all faiths, ages, races and nationalities are welcomed to rekindle and deepen their faith, to experience spiritual renewal, and to explore how to live their faith with integrity in the world. Its ministry of hospitality is pastoral, offering a place of healing and hope, and prophetic, encouraging creative responses to social issues that call us to live our faith in dynamic and new ways.

If you have any questions, please contact Diane Rooks at [diane@storyjourney.com](mailto:diane@storyjourney.com) Tel 678 889 8007